

## CLAIMS

I claim:

1. A method for providing security to a transceiver user comprising:
  - a) transmitting information, including a period of time, from a transceiver to a computer; and
  - b) unless the computer is instructed otherwise by the transceiver user, transmitting information from the computer to an emergency service provider after the period of time has elapsed.
2. The method of claim 1 wherein an alert is transmitted from the computer to the transceiver when the period of time has elapsed.
3. The method of claim 1 wherein the transceiver user must transmit a personal identification number in order to prevent transmission between the computer and the emergency service provider.
4. The method of claim 1 wherein the transceiver user must initiate a second transmission of information to the computer in order to prevent transmission between the computer and the emergency service provider.
5. The method of claim 1 wherein the transceiver is a cell phone.
6. The method of claim 1 wherein the information further comprises text data.
7. The method of claim 1 wherein the information further comprises voice data.
8. The method of claim 1 wherein the information further comprises a visual image.
9. The method of claim 1 wherein the information further comprises the transceiver's location.
10. A method for providing security to a cell phone user comprising:
  - a) entering information into a cell phone by pressing a series of keys, the information comprising in encoded form,
    - i. at least one telephone number connecting to a computer server, and
    - ii. a cell phone user specified period of time;
  - b) transmitting the information from the cell phone to the computer server;

- c) receiving a call on the cell phone from the computer server after the period of time has elapsed; and
- d) unless the cell phone user answers the call and enters a predetermined personal identification number into the cell phone, transmitting a message from the computer server to an emergency service provider, wherein the message comprises at least one of the following:
  - i. a request for help;
  - ii. location data acquired by utilizing at least one of the following,
    - 1. global positioning systems,
    - 2. geographic information system,
    - 3. automatic number identification system,
    - 4. automatic location identification systems, or
    - 5. the cell phone user;
  - iii. text data;
  - iv. voice data, or
  - v. a visual image, and

wherein the emergency services provider is at least one of the following,

- i. law enforcement,
- ii. fire department,
- iii. paramedics, or
- iv. military

11. An apparatus for alerting an emergency service provider of an emergency, comprising:
  - a) means for receiving from a transceiver information which includes a transceiver user specified period of time and a user personal identification number;
  - b) means for transmitting to the transceiver an alert after the period of time has elapsed; and
  - c) means for transmitting to the emergency service provider the information if the period of time has elapsed and the user's personal identification number has not been received.
12. The apparatus of claim 11 wherein the means for receiving is a computer.

13. The apparatus of claim 11 wherein the means for transmitting an alert and the means for transmitting the information are telecommunications devices.
14. The apparatus of claim 11 wherein the period of time is embodied in a code.
15. An apparatus for providing security to a user of a first means for transmitting, comprising:
  - a) first means for transmitting information which includes a user specified period of time and a user personal identification number; and
  - b) first means for receiving an alert after the period of time has elapsed.
16. The apparatus of claim 15 wherein the first means for transmitting and the first means of receiving are separate devices.
17. The apparatus of claim 16 wherein the first means for receiving is a cell phone.
18. The apparatus of claim 15 wherein the period of time is embodied in a code.
19. The apparatus of claim 15 further comprising:
  - a) second means for receiving, from the first means for transmitting, information which includes a user specified period of time and the user's personal identification number;
  - b) second means for transmitting, to the first means for transmitting, an alert that the period of time has elapsed; and
  - c) third means for transmitting, to an emergency service provider, the information if the period of time has elapsed and the user's personal identification number has not been received.